

Corporate Essentials

Sample Agenda



Prework		Time on Task
Recorded	Welcome to Corporate Essentials*	45
SESSION 1		
In-person/Virtual	Unit 1 – Understanding Crisis through a Trauma-informed Lens (60)	195
	Unit 2 – Crisis Intervention (60)	
	Unit 3 – Trauma's Impact on Vulnerable Populations (75)	
SESSION 2		
Recorded	Unit 4 – Crisis Intervention & Beyond (45)	45
SESSION 3		
Recorded	Unit 4 – Crisis Intervention & Beyond (45)	45
In-person/Virtual	Unit 5 – Impacts of Death & Grief (60)	195
	Unit 6 – Suicide: Prevention & Response (60)	
	Unit 7 – Intersection: Trauma & Outside Systems (60)	
	Debrief Activity (15)	
SESSION 4		
	Unit 9 – Burnout & Resiliency Building (60)	180
	Unit 10 – Putting Our Skills into Practice (120)	
SESSION 5 (30 Day Refresher “Check-in”)		
In-person/Virtual	Unit 11 – Group Activity	60
Total Estimated Time		**720-minutes 12-hr training

*12-hour training does not include the required 45-minute prework or any scheduled breaks.

**Format of the required hours can be reconfigured to best meet the scheduling needs of your business.