

# Intimate Partner Violence

victim  
assistance  
program™



## What is it?

Domestic Violence & Teen Dating Violence is abuse or aggression that occurs in a close relationship, also known as Intimate Partner Violence (IPV). “Intimate partner” refers to both current and former spouses and dating partners. IPV can vary in frequency and severity. It can range from one episode to chronic and severe episodes over multiple years. IPV may include one or more of these four types of behaviors:

- Physical abuse
- Sexual violence
- Financial abuse
- Psychological abuse

## First Steps

### **Establish safety:**

Go to a safe location and reach out for help.

### **Care for injuries:**

Seek medical attention for treatment of injuries.

### **Call the police:**

This may feel overwhelming and that is okay. You can ask someone else to call, if you feel comfortable doing so.

### **Document the crime:**

While it may be difficult, take pictures of any injuries and write down your account of what happened.

## Common Reactions

- Anxiety and fear
- Re-experiencing unwanted thoughts, nightmares, flashbacks
- Increased vigilance, impatience, irritability
- Avoidance
- Anger
- Guilt and shame
- Grief and depression
- Negative self-image and world view
- Disruption of sexual relationships
- Physical and behavioral responses include nausea, dizziness, and a change in appetite and sleep patterns
- Withdrawal from daily activities

# Statistics

**You are not alone. On average, nearly 20 people per minute are physically abused by an intimate partner in the United States. During one year, this equates to more than 10 million women and men.** *(source;NNEDV)*

- According to the [Ohio Domestic Violence Network](#), between July 1, 2022 and June 30, 2023, 112 victims, offenders, and children died in 82 incidents of domestic violence resulting in a death. Of these, 13 were murder suicides, 6 multiple murder suicides, and 3 suicide attempts. In addition, 22% victims died from strangulation or traumatic brain injury, 30% of cases had children present at the scene, and in 24% of these cases, the victim was ending the relationship.
- According to the [National Coalition Against Domestic Violence](#), 1 in 4 women and 1 in 9 men experience severe intimate partner physical violence, sexual violence, and/or stalking.



## How we can help

- Help you make informed decisions for your personal, physical, emotional, and financial well-being by creating a plan of action.
- Help you create a safety plan.
- Provide referrals for additional resources
- Accompany and educate you on the court process.
  
- Support you during hearings and trials
- Explain and assist with a protection order application when needed
- Assist you with establishing and exercising your rights, including but not limited to:
  - Safe at Home Program
  - Victim Information Notification Everyday (VINE)

## Contact Us

**24-hour Hotline | 330.376.0040**  
**24-hour Chat | [victimassistanceprogram.org](http://victimassistanceprogram.org)**

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